Premiere Pro Shortcuts 🎬

BY ARTBOARD ACADEMY

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Selection Tools

Key	Tool
V	Selection tool
A	Track Select tool
B	Ripple Edit tool
N	Rolling Edit tool
X	Rate Stretch tool
C	Razor tool
Y	Slip tool
U	Slide tool
P	Pen tool
H	Hand tool
Z	Zoom tool

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Viewing Panels

Shortcut	Result
Ctrl+Shift+, [comma]	Activate panels in rotation to left
Ctrl+Shift+. [period]	Activate panels in rotation to right
Shift+6	Audio Mixer panel
Shift+5	Effect Controls panel
Shift+7	Effects panel
Shift+2	Source Monitor panel
Shift+4	Program Monitor panel
Shift+1	Project panel
Shift+3	Timeline panel
Ctrl+W (Windows) Command+W (Mac OS)	Close active panel
' [accent] (US English keyboards), or the key to the left of the numeral "1" key (non-US English keyboards), or the "@" key on Japanese keyboards	Maximizes the panel under the mouse pointer, regardless of what is active or selected.
Shift+' [accent] (US English keyboards), or the key to the left of the numeral "1" key (non-US English keyboards), or the "@" key on Japanese keyboards	Maximizes the panel that is active or selected, regardless of where the mouse pointer is. (Adobe Premiere Pro CS5.5.)

Capture Panel

Keys	Result
Tab	Navigate through editable fields
Esc	Cancel capture
E	Eject
F	Fast forward
Q	Go to In point
W	Go to Out point
G	Record
R	Rewind
Left Arrow	Step Back
Right Arrow	Step Forward
S	Stop

Multi Camera

Keys	Result
Page Down	Go to next edit point

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Page Up	Go to previous edit point
Spacebar	Play/Stop
0	Record On/Off
1	Select Camera 1
2	Select Camera 2
3	Select Camera 3
4	Select Camera 4
Left Arrow	Step Back
Right Arrow	Step Forward

Project Panel

Windows	Mac OS	Result
Ctrl+Backspace	Command+Forward Delete	Delete selection with options
Shift+Down Arrow	Shift+Down Arrow	Extend selection down
Shift+Left Arrow	Shift+Left Arrow	Extend selection left
Shift+Right Arrow	Shift+Right Arrow	Extend selection right
Shift+Up Arrow	Shift+Up Arrow	Extend selection up
Down Arrow	Down Arrow	Move selection down

End	End	Move selection to the end
Home	Home	Move selection to home
Left Arrow	Left Arrow	Move selection left
Page Down	Page Down	Move selection a page down
Page Up	Page Up	Move selection a page up
Right Arrow	Right Arrow	Move selection right
Up Arrow	Up Arrow	Move selection up
Shift +]	Shift +]	Next thumbnail size
Shift+[	Shift+[	Previous thumbnail size

Timeline Panel

Windows	Mac OS	Result
Ctrl-click	Command-click	Add keyframe
Ctrl-k	Command-k	Cut at current-time indicator
Double-click the work area bar	Double-click the work area bar	Set work area bar to sequence
Alt+[	Option+[	Set work area bar In point
Alt +]	Option+]	Set work area bar Out point
G	G	Clear In and Out points
D	D	Clear In point
Backspace	Delete	Clear selection
F	F	Clear Out point
Alt-drag In point or Out point	Option-drag In point or Out point	Edit audio or video In point or Out point independently
Q	Q	Go to In point
W	W	Go to Out point
Page Down	Page Down	Go to next edit point
Page Up	Page Up	Go to previous edit point
Shift+End	Shift+End	Go to selected clip end
Shift+Home	Shift+Home	Go to selected clip start

Windows	Mac OS	Result
End	End	Go to sequence end (when a Timeline panel is active)
Home	Home	Go to sequence start (when a Timeline panel is active)
Ctrl+1	Command+1	Go to sequence numbered marker
M	M	Match frame
Type +, followed by the number of frames, and then press Enter	Type +, followed by the number of frames, and then press Return	Move selected clip forward a specified number of frames
Type –, followed by the number of frames, and then press Enter	Type –, followed by the number of frames, and then press Return	Move selected clip back a specified number of frames
Alt+Shift +,	Option+Shift +,	Nudge clip selection 5 frames to the left
Alt +,	Option +,	Nudge clip selection one frame to the left
Alt+Shift +.	Option+ Shift +.	Nudge clip selection 5 frames to the right
Alt +.	Option +.	Nudge clip selection one frame to the right
Ctrl+Spacebar	Ctrl + Spacebar (English keyboards only)	Play from current-time indicator to Out point
Shift+Spacebar	Shift+Spacebar	Play In to Out with preroll/postroll
Spacebar	Spacebar	Toggle Play/Stop

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Windows	Mac OS	Result
Hold down Shift while pressing L repeatedly until playing at the desired speed. Release Shift.	Hold down Shift while pressing L repeatedly until playing at the desired speed. Release Shift.	Play forward at fast speed
L	L	Play forward at normal speed
Hold K while pressing L	Hold K while pressing L	Play forward one frame at a time
Hold down K+L	Hold down K+L	Play forward slowly (8 fps)
Hold down Shift while pressing J repeatedly until playing at the desired speed. Release Shift.	Hold down Shift while pressing J repeatedly until playing at the desired speed. Release Shift.	Play in reverse at fast speed
J	J	Play in reverse at normal speed
Hold K while pressing J	Hold K while pressing J	Play in reverse one frame at a time
Hold down K+J	Hold down K+J	Play in reverse slowly (8 fps)
Shift+T	Shift+T	Reveal nested sequence
Alt+Backspace	Option+Delete	Ripple delete
I	I	Set In point
Shift+* (use the numeric keypad)	Shift+* (use the numeric keypad)	Set next available numbered Timeline marker

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Windows	Mac OS	Result
O	O	Set Out point
* (use the numeric keypad)	* (use the numeric keypad)	Set unnumbered marker
Down Arrow	Down Arrow	Show next screen
Up Arrow	Up Arrow	Show previous screen
Shift+J	Shift+J	Shuttle Slow Left
Shift+L	Shift+L	Shuttle Slow Right
K	K	Shuttle Stop
Alt+Shift+Left Arrow	Option+Shift+Left Arrow	Slide clip selection 5 frames to the left
Alt+Left Arrow	Option+Left Arrow	Slide clip selection one frame to the left
Alt+Shift+Right Arrow	Option+Shift+Right Arrow	Slide clip selection 5 frames to the right
Alt+Right Arrow	Option+Right Arrow	Slide clip selection one frame to the right
Alt-drag the audio or video portion of the clip with the Selection tool	Option-drag the audio or video portion of the clip with the Selection tool	Slip audio or video independently
Left Arrow	Left Arrow	Step Back
Shift+Left Arrow	Shift+Left Arrow	Step Back 5 frames-Units
Right Arrow	Right Arrow	Step Forward
Shift+Right Arrow	Shift+Right Arrow	Step Forward 5 frames-Units

Windows	Mac OS	Result
T	T	Trim
=	=	Zoom in
-	-	Zoom out
\	\ (English keyboards only)	Zoom in/out to/from full-sequence view

Titler Panel

Windows	Mac OS	Result
A	A	Arc tool
Alt+Shift+Left Arrow	Option+Shift+Left Arrow	Decrease kerning by five units
Alt+Left Arrow	Option+Left Arrow	Decrease kerning by one unit
Alt+Shift+Down Arrow	Option+Shift+Down Arrow	Decrease leading by five units
Alt+Down Arrow	Option+Down Arrow	Decrease leading by one unit
Ctrl+Alt+Shift+Left Arrow	Command+Option+Shift+Left Arrow	Decrease text size by five points
Ctrl+Alt+Left Arrow	Command+Option+Left Arrow	Decrease text size by 1-point
E	E	Ellipse tool

Windows	Mac OS	Result
Alt+Shift+Right Arrow	Option+Shift+Right Arrow	Increase kerning by five units
Alt+Right Arrow	Option+Right Arrow	Increase kerning by one unit
Alt+Shift+Up Arrow	Option+Shift+Up Arrow	Increase leading by five units
Alt+Up Arrow	Option+Up Arrow	Increase leading by one unit
Ctrl+Alt+Shift+Right Arrow	Command+Option+Shift+Right Arrow	Increase text size by five points
Ctrl+Alt+Right Arrow	Command+Option+Right Arrow	Increase text size by 1-point
Ctrl+Alt+Shift+C	Command+Option+Shift+C	Insert copyright symbol
Ctrl+Alt+Shift+R	Command+Option+Shift+R	Insert registered symbol
L	L	Line tool
Ctrl+T	Command+T	New title
Shift+Down Arrow	Shift+Down Arrow	Nudge selected object 5 pixels down
Down Arrow	Down Arrow	Nudge selected object 1 pixel down
Shift+Left Arrow	Shift+Left Arrow	Nudge selected object 5 pixels to the left
Left Arrow	Left Arrow	Nudge selected object 1 pixel to the left
Shift+Right Arrow	Shift+Right Arrow	Nudge selected object 5 pixels to the right
Right Arrow	Right Arrow	Nudge selected object 1 pixel to the right

Windows	Mac OS	Result
Right Arrow	Right Arrow	Nudge selected object 1 pixel to the right
Shift+Up Arrow	Shift+Up Arrow	Nudge selected object 5 pixels up
Up Arrow	Up Arrow	Nudge selected object 1 pixel up
P	P	Pen tool
Ctrl+Shift+D	Command+Shift+D	Position objects to the bottom title-safe margin
Ctrl+Shift+F	Command+Shift+F	Position objects to the left title-safe margin
Ctrl+Shift+O	Command+Shift+O	Position objects to the top title-safe margin
R	R	Rectangle tool
O	O	Rotation tool
V	V	Selection tool
T	T	Type tool
C	C	Vertical Type tool
W	W	Wedge tool

Trim Panel

Windows	Mac OS	Result
Alt+1	Option+1	Focus on both Outgoing and Incoming sides
Alt+3	Option+3	Focus on Incoming side
Alt+2	Option+2	Focus on Outgoing side
Alt+Shift+Left Arrow	Option+Shift+Left Arrow	Trim backward by large trim offset
Alt+Left Arrow	Option+Left Arrow	Trim backward by one frame
Alt+Shift+Right Arrow	Option+Shift+Right Arrow	Trim forward by large trim offset
Alt+Right Arrow	Option+Right Arrow	Trim forward by one frame

Effect Controls Panel

Windows	Mac OS	Result
Home	Home	Go to selected clip start (when Effect Controls panel is active)
End	End	Go to selected clip end (when Effect Controls panel is active)

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